



6~13 Oct 08 **kitchen
garden
week**



*A Victorian celebration of the movement
bringing **growing, harvesting,
preparing & sharing** to primary
school children across Australia.*

*The Kitchen Garden Classroom:
Educating Children for a Healthy Future*

Monday 13 October, 2008

Conference Program

*Abbotsford Convent, St Helier's St,
Abbotsford, Victoria (Melways ref: 44 G5)*



11.05 – 12.05 pm

Session A *The Program in Practice*

Participants choose from one of the 'A' sessions

During this session, the 30 children delegates from current Kitchen Garden Program schools will participate in either Bread Making at the Convent Bakery or Feeding the Animals at the Collingwood Children's Farm.

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Conference Program

9.00 am

Registration opens
(please be seated by 9.30 am)

9.45 – 10.30 am

Keynote Address:
Stephanie Alexander

The Kitchen Garden Classroom:
Thinking of the Future
Chair: Alan Saunders,
presenter of ABC Radio
National's 'By Design' and
'Philosopher's Zone'

10.30 – 11.00 am

Morning Tea

11.05 – 12.05 pm

Session A
The Program in Practice

12.10 – 1.10 pm

Session B
Shared Learning

1.15 – 2.15 pm

Lunch

2.20 – 3.05 pm

Session C
Program Sustainability

3.10 – 3.55 pm

Session D
Learning for Life

4.00 – 4.30 pm

Finale
*Final words from Stephanie,
with food prepared by the
children, accompanied by a
glass of wine*

A1 Getting a Kitchen Garden Program off the Ground

Presenter: Ange Barry, Executive Officer, SAKGF

This session will chart the development of the Stephanie Alexander Kitchen Garden Program in a school, using the 27 Programs currently running in Victoria as models. Opportunity for questions and discussion.

A2 A Make-believe Kitchen Class with Stephanie

Presenter: Stephanie Alexander

Working with typical dishes cooked in the kitchen garden classroom, Stephanie will examine what can be taught to children, how it can be taught, the challenges, and possible links with the classroom and with cooking at home.

A3 Fruit Growing in School Gardens

Presenter: Dr Louis Glowinski

Dr Glowinski is author of *The Complete Book of Fruit Growing in Australia*. Amongst other associations, he is a member of the Rare Fruit Council of Australia and the International Rare Fruit Council. Dr Glowinski is a General Practitioner in Sunshine, Victoria.

A4 Learning Standards and the Kitchen Garden Classroom

Curriculum planning: integrating children's learning in the garden and kitchen into State-wide curriculum frameworks, such as Victorian Essential Learning Standards VELs.





12.10 – 1.10 pm

Session B *Shared Learning*

Participants choose from one of the 'B' sessions

During this session, the 30 children delegates from current Kitchen Garden Program schools will participate in a classroom activity designed to give us a sense of their perception of the Kitchen Garden Program.

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B1 Community Initiatives in Food Education for Children

Chair: Natalie O'Brien, CEO Melbourne Food and Wine

A chance to hear about some inspiring initiatives in the community around food education for children.

B2 Kitchen Garden Design

Chair: Alan Saunders

The Kitchen Garden Program is changing the built landscape of schools as we know it. ABC Radio National's 'By Design' presenter, Alan Saunders, talks with architect Freda Thornton, Professor Philip Goad from the Faculty of Architecture, Building & Planning at the University of Melbourne and Environmental Designer Derek Ashby about issues of design and beauty in school kitchens and gardens.

To coincide with the conference University of Melbourne students will stage an exhibition of drawings of prefabricated kitchen classrooms from the Masters project 'Potable/Portable'

B3 What will we do next week?

A facilitated workshop in which SAKG Program Kitchen Specialists and Garden Specialists share their best teaching ideas and activities with each other. This session will also facilitate the building of networks to support specialists in their work. The session will include an introduction to website resource sharing. Come along with something to offer, and there will be much to take away with you.

Note: This session is for Kitchen & Garden Specialists only *

B4 Disciplinary Teaching and Learning Ideas

A round-table discussion and sharing of teaching activities and ideas that draw on knowledge gained in the Kitchen Garden Program. The session will include snapshot presentations from classroom teachers in the fields of mathematics, science, language & literacy and creative arts. Come along with one good teaching idea and leave with many more.

1.15 – 2.15 pm

Delicious lunch in the Convent gardens prepared by caterers Mary and Steve





2.20 – 3.05 pm

Session C Program Sustainability

Participants choose from one of the 'C' sessions

During this session, the 30 children delegates from current Kitchen Garden Program schools will be showing us what they do each week at school, in a demonstration kitchen and garden class.

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C1 Evaluation: the Impact of the Program

Presenter: Dr Lisa Gibbs, The University of Melbourne

Chair: Helen Murray, Program Manager, Ian Potter Foundation

Short outline of the long-term evaluation project currently being undertaken through The University of Melbourne's McCaughey Centre and Deakin University, to assess the impact of the Kitchen Garden Program on the school, children and families. This will be followed by a panel discussion in which a principal, a parent and two students will give their impressions of the impact of the Program in their schools.

C2 Kitchen and Garden Demonstration Classes

Note: Participants who choose this option will move from one class to the other. They will be directed to start in either the garden or the kitchen for ease of movement.

Kitchen class in the Marquee

Presenter: Desley Inshall

Desley is an award-winning Kitchen Specialist, and will be working with other Kitchen Specialists as 'volunteers', and children from 15 schools in the Program.

Garden class: Building and Planting a No-dig Garden

Presenter: Jacqui Lanarus, Project Officer, SAKGF

Jacqui will be working with Garden Specialists as 'volunteers', and with children from 15 schools in the Program.

C3 Taking the Program Home

What happens at home is a significant aspect of the long-term benefits of the Program. A discussion session for Kitchen Specialists to share ways of encouraging families of the school to nurture the enthusiasm and new skills their children have gained through the Kitchen Garden Program in daily family life.

Note: This session is for Kitchen Specialists only*

C4 Summer Planning in the Garden

A discussion session for Garden Specialists to share ideas about planting for summer, maintaining the garden over the holidays and using the summer produce.

Note: This session is for Garden Specialists only*

C5 Making the Program Work in Your School

A discussion session for Program Coordinators new and old, and interested members of school communities, dealing with organisational issues including: building the Program into the annual implementation plan, timetabling, community building and documenting.





3.10 – 3.55 pm

Session D *Learning for Life*

Participants choose from one of the 'D' sessions

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D1 Food for the Family

Presenter: *Kemi Nevkapil from Food Traditions*

Feeling uninspired about family mealtimes? Dealing with fussy eaters, negative habits and lack of enthusiasm? Kemi will explore ways of using food and its preparation to connect with your family and your communities. Kemi Nevkapil has been a chef for almost 17 years. She runs workshops, gives talks and publishes articles throughout Australia.

D2 Kitchen and Garden Demonstration Classes – repeat of Session C2

Note: Participants who choose this option will move from one class to the other. They will be directed to start in either the garden or the kitchen for ease of movement.

Kitchen class in the Marquee

Presenter: *Desley Insall*

Desley is an award-winning Kitchen Specialist, and will be working with other Kitchen Specialists as 'volunteers', and children from 15 schools in the Program.

Garden class: Building and Planting a No-dig Garden

Presenter: *Jacqui Lanarus, Project Officer, SAKGF*

Jacqui will be working with Garden Specialists as 'volunteers', and with children from 15 schools in the Program.

D3 Seed Saving in the Garden Classroom: Theory and Practice

Presenter: *Diggers Seeds*

'Why does some second-generation rocket grow back in an entirely different form? This session will include an outline of the principles of seed-to-seed food gardens, their place in preserving genetic lines, and will suggest some good seed-sowing and successional planting practices in the kitchen garden.'

D4 Volunteers and How to Find Them

Group discussion

Some case studies taken from country, outer urban, and inner urban schools to help all schools in building their volunteer assistance in a Kitchen Garden Program.

Thank you:

The Stephanie Alexander Kitchen Garden Foundation thanks the following conference partners: Abbotsford Convent Bakery; The Australian Asparagus Council; Australian Mushroom Growers, Calendar Cheese; Cobram Estate; De Bortoli; Diggers Seeds; Phillippa's Breads, Pastries & Provisions; Royce Hotel and many wonderful volunteers.

In addition to providing funding to schools, the Victorian Government – through the 'Go for your life' health strategy – and the Australian Government assist the Stephanie Alexander Kitchen Garden Foundation to provide the knowledge, skills and understanding of the KG model and philosophy to schools through training, professional development, resources and this annual conference.

